

7. Does your problem cause you to experience frustration?

## **UDI / IIQ INDEX FORM**

Name:				Date:			
UROGENITAL DISTRESS INVENTORY (UDI 6)							
			Please ans	Please answer <b>ALL</b> questions as best you can.			
DC	) YOU EXPERIENCE:	No, does not occur	Yes, does not bother me	Yes, bothers me slightly	Yes, bothers me moderately	Yes, bothers me greatly	
1.	Frequent urination?						
2.	Urine leakage related to the feeling of urgency?						
3.	Urine leakage related to physical activity, coughing or sneezing?						
4.	Small amounts of urine leakage (that is drops)?						
5.	Difficulty emptying your bladder?						
6.	Pain or discomfort in the lower abdominal or genital area?						
	INCONTINENCE IMI				<b>E (IIQ7)</b> estions as bes	it you can.	
HAS URINE LEAKAGE AND/OR PROLAPSE AFFECTED YOUR:			Not at all	Slightly	Moderately	Greatly	
1.	Ability to do household chores (cooking, cleaning, et	c.)?					
2.	Physical recreational activities such as walking?						
3.	Entertainment activities such as going to a movie or a concert?						
4.	Ability to travel by car or bus for longer than 20 minutes from home?		e? 🔲				
5.	Participating in social activities outside your home?						
6.	Emotional health?						