

## **Bladder/Bowel Symptom Questionnaire**

	آرکر الموجود Name: Date:
Fluic	I Intake: total glasses per day #caffeinated #alcoholic
	DDER:
1)	<b>Leakage:</b> □ Y □ N <b>Frequency:</b> □ Constant leakage □ Only with a cough or sneeze # per day # per week # per month
2)	Severity of Leakage: ☐ None ☐ Few Drops ☐ Wets Underwear ☐ Wets Outerwear
3)	Protection / Padding worn: U Y U N Type / Product Name:
4)	Leakage caused or increased by:  □ Vigorous activity (running/weights) □ Changing positions (sit to stand) □ Intercourse □ No activity changes leakage □ Other
5)	Position of leakage occurs: ☐ Laying down ☐ Sitting ☐ Standing
6)	How long can you delay the need to urinate?
7)	"Falling out" / Pelvic Pressure: □ Y □ N # per month □ With straining or exertion □ With menstruation □ With standing □ At the end of the day □ Present all day
8)	How often do you urinate during the day? x day x night
9)	Bladder infections in the last year:  P Y N N Y P N F of occurrences
10)	Can you stop the flow of urine when on the toilet? $\ \square\ Y\ \square\ N$
11)	Urine volume: □ Large □ Average □ Small □ Very small
12)	Do you have a slow or hesitant urinary stream? $\square$ Y $\square$ N
13)	Do you have difficulty initiating the urine stream? $\Box$ Y $\Box$ N
14)	Do you need to strain to pass urine? $\square Y \square N$
15)	Do you empty your bladder without experiencing the urge to go to the toilet? $\ \square\ Y\ \square\ N$
16)	Do you have the feeling that your bladder is still full after urinating? $\square$ Y $\square$ N
17)	Do you have triggers that make you feel like you can't wait to go to the toilet? $\square$ Y $\square$ N
	(i.e.: Running water, etc.) list
DOM	VEL:
18)	Frequency of bowel movements: # per day # per week
19)	Consistency of stool:  Normal Loose Hard
20)	History of Constipation? □ Y □ N Do you currently strain to go? □ Y □ N
21)	Do you have trouble getting to the toilet to have a BM when you have the urge?  \(\sigma\) \(\mathbb{Y}\) \(\sigma\) \(\mathbb{N}\)
22)	Frequency of Bowel incontinence: # per day # per week # per month